SCHLOSS GYM SCHEDULE

Mon. December 7th - Sun. December 13th

	MONDAY December 7th	TUESDAY December 8th	WEDNESDAY December 9th	THURSDAY December 10th	FRIDAY December 11th	SATURDAY December 12th	SUNDAY December 13th	
6:00 AM	OPEN GYM 6am - 8am	OPEN GYM 6am - 8:00am	Cardio Kick Boxing 6:00am-7:00am	Open Gym 6am-9am	OPEN GYM 6am - 8:00am			
7:00 AM			Open Gym 7:00-10:30am			OPEN GYM 7am - 8:30am	OPEN GYM 1pm - 3pm	7:00 AM
8:00 AM	Youth Programming 8:00-8:45am				Youth Programming 8:00-8:45am	set up for class 8:30am - 9am		8:00 AM
9:00 AM	Open Gym 8:45am-4:45pm	Open Gym 8:45am-11:00am		JCC Youth Programming 9:00am -12:00pm	Open Gym 9:30am-6pm	9am - 10am Group Ex. Class	Adult Pick Up Basketball 9am - 11:30am	9:00 AM
10:00 AM	Rock Steady Boxing 10:30am-11:30am		Rock Steady Boxing 10:30-11:30am		Rock Steady Boxing 10:30-11:30am	tear down for class 10AM - 10:30AM		10:00 AM
11:00 AM		JCC Zumba 11 - 11:45am				Open Gym 10:30am-4:30pm		11:00 AM
12:00 PM		OPEN GYM 11:45am - 6pm						12:00 PM
1:00 PM			Jcc Youth Programming 1:00pm-2:00pm	Open gym 12:00-8:00pm	Open Gym 11:30am-3:00pm		Family Gym 12pm - 1pm	1:00 PM
2:00 PM							OPEN GYM 1pm - 4:30PM	2:00 PM
3:00 PM			Open Gym 2:00pm-6:15pm		Building Closes at 3:00pm		IU School of Medicine 3:00-4:30PM	3:00 PM
4:00 PM	Set Up for Class 4:45 - 5pm							4:00 PM
5:00 PM	Group Ex. Class 5pm - 6pm					Teen Pick Up Basketball 4:30pm - 6pm		5:00 PM
6:00 PM	Tear Down 6 - 6:15	CCA Basketball Rental 6:15pm - 8pm	Tae Kwon Do/Hapkido 6:15-8:00pm					6:00 PM
7:00 PM	Hapkido/Tae Kwon Do 6:15-8:00PM							7:00 PM
8:00 PM								8:00 PM
								9:00 PM

*** *** *** Please note: Schedule subject to change. *** *** ***