

SCHLOSS GYM SCHEDULE									
Mon. September 7th - Sun. September 13th									
	MONDAY September 7th	TUESDAY September 8th	WEDNESDAY September 9th	THURSDAY September 10th	FRIDAY September 11th	SATURDAY September 12th	SUNDAY September 13th		
6:00 AM	OPEN GYM 6am - 8amm	OPEN GYM 6am - 8:00am	OPEN GYM 6am - 8am	OPEN GYM 6am - 8am	OPEN GYM 6am - 8:00am	Facility is Closed for Rosh Hashana			
7:00 AM								7:00 AM	
8:00 AM	Youth Programming 8:00-8:45am		JCC Youth Programming 8am - 3:30pm	JCC Youth Programming 8:00-8:45am				8:00 AM	
9:00 AM	Open Gym 8:45am-5pm	Open Gym 8:45am-11:00am		Open Gym 8:45am - 4:45pm	Open Gym 8:45-3:00PM			9:00 AM	
10:00 AM								10:00 AM	
11:00 AM								11:00 AM	
		JCC Zumba 11 - 11:45am		JCC Fitness Programming 11:00-12:00PM				12:00 PM	
12:00 PM		OPEN GYM 11:45am - 5pm		Open Gym 12:00PM-4:45PM				Facility Closes at 3PM	1:00 PM
1:00 PM									2:00 PM
2:00 PM									3:00 PM
3:00 PM									4:00 PM
4:00 PM			5:00 PM						
5:00 PM	Karate 5:00pm-6:10pm		OPEN GYM 3:30pm - 6:15pm		Jump Bunch 4:45-5:15pm				6:00 PM
6:00 PM	Facility Closed at 5PM	Basketball Rental 6:15pm - 8pm		7:00 PM					
7:00 PM		Hapkido/Tae Kwon Do 6:15-8:00PM	Open Gym 5:15-8PM	8:00 PM					
8:00 PM						9:00 PM			