

SCHLOSS GYM SCHEDULE										
Mon. September 28th - Sun. October 4th										
	MONDAY September 28th	TUESDAY September 29th	WEDNESDAY September 30th	THURSDAY October 1st	FRIDAY October 2nd	SATURDAY October 3rd	SUNDAY October 4th			
6:00 AM	OPEN GYM 6am - 8am	OPEN GYM 6am - 8:00am	OPEN GYM 6am - 8am	OPEN GYM 6am - 8am	OPEN GYM 6am - 8:00am	Facility Closed for Shemini Atzeret				
7:00 AM								OPEN GYM 1pm - 3pm	7:00 AM	
									8:00 AM	
8:00 AM	Youth Programming 8:00-8:45am		JCC Youth Programming 8am - 3:30pm	JCC Youth Programming 8:00-8:45am						
9:00 AM	Open Gym 8:45am-4:45pm	Open Gym 8:45am-11:00am		Open Gym 8:45am - 4:45pm	Open Gym 9:30am-4:30pm		Adult Pick Up Basketball 9am - 11:30am	9:00 AM		
10:00 AM									10:00 AM	
11:00 AM		JCC Zumba 11 - 11:45am							11:00 AM	
12:00 PM									12:00 PM	
1:00 PM									1:00 PM	
2:00 PM	OPEN GYM 11:45am - 5pm						Family Gym 12pm - 1pm	2:00 PM		
3:00 PM									3:00 PM	
4:00 PM									4:00 PM	
			Set Up for Class 4:45 - 5pm				OPEN GYM 3:30pm - 6:15pm	Jump Bunch 4:45-5:15pm		5:00 PM
5:00 PM			Group Ex. Class 5pm - 6pm				Karate 5:00pm-6:10pm			Teen Pick-Up 4:30-6:00Pm
6:00 PM		Basketball Rental 6:15pm - 8pm	Hapkido/Tae Kwon Do 6:15-8:00PM	Open Gym 5:15-8PM	Facility Closes at 5:00PM					
7:00 PM	Open Gym 6:15-8:00pm									7:00 PM
8:00 PM									8:00 PM	
								9:00 PM		

*** ** Please note: Schedule subject to change. *** **