

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Regenstrief Competition Pool	9- 10:15am Swim Team (4) Lap Swim (2)	9- 10:15am Swim Team (4) Lap Swim (2)	9- 10:15am Swim Team (4) Lap Swim (2)	9- 10:15am Swim Team (4) Lap Swim (2)	9- 10:15am Swim Team (4) Lap Swim (2)		10am–12pm  Lap Swim (3)
	10:15 am-1 pm  Lessons (2) Lap Swim (4)	10:15-10:45 am  Aqua Zumba (3) Lap Swim (3)	10:15 am – 1 pm  Lessons (2) Lap Swim (4)	10:15 am–12 pm  Lessons (2) Lap Swim (4)	10:15 am- 1pm  Lessons (2) Lap Swim (4)		Swim Lessons (3)
		10:45 am–1 pm Lap Swim (6)		12-1 pm Aqua Zumba (3) Lap Swim (3)			10am–12pm \$ Swim Lessons (3) Lap Swim (3)
	1- 2 pm Open Exercise (3) Lap Swim (3)		1–2 pm Open Exercise (3) Lap Swim (3)		1–2 pm Open Exercise (3) Lap Swim (3)		
		4:15–5 pm \$ JCC Swim Team Lap Swim (4)		4:15–5 pm \$ JCC Swim Team Lap Swim (4)			
		5–7 pm Swim Lessons (3) Lap Swim (3)		5–7 pm Swim Lessons (3) Lap Swim (3)	5–7 pm Lap Swim (3) Swim Lessons (3)		
<p><b>THERE WILL BE NO OPEN FAMILY SWIM AVAILABLE IN THE INDOOR LAP POOL FOR ANY REASON</b></p> <p><b>This schedule is subject to change without notice.</b></p> <p>Number in ( ) parentheses is the number of lap lanes available</p>							
Backer Therapy Pool	9:45–10:45 am \$ Aquajoints	9:45–10:45 am \$ Aquajoints	9–10:45 am \$ Aquajoints	9:45–10:45 am \$ Aquajoints	9:15–11:35 am \$ ECE Lessons		8:30–9:30 am Ai Chi
	10:45–11:45 am \$ Fit Joints Plus	10:45–11:45 am \$ Fit Joints Plus	10:45–11:45 am \$ Fit Joints Plus	10:45–11:45 am \$ Fit Joints Plus		9am-noon \$ Swim Lessons	9:30 am-Noon \$ Swim Lessons
	2–3 pm \$ Aqua Mobility		Noon–1 pm Ai Chi		Noon–1 pm \$ Fit Joints Plus		
		2-5 pm St. Vincent's Rental	3–6 pm \$ Swim Lessons	4:45-7 pm \$ Swim Lessons			
	6–7 pm Ai Chi				4- 5pm Ai Chi		
	7-7:45 pm ALTS		7-7:45 pm ALTS				