

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
					May 21st POOL CLOSES 4:45pm	May 22nd JCC CLOSED	Apr 25th & May 9th 7am-5pm NO OPEN SWIM	Apr 26th & May 10th 7am-1pm NO OPEN SWIM		
Regenstrief Competition Pool		6-8 am Lap Swim (6)	6-7 am Lap Swim (6)	6-8 am Lap Swim (6)	6-7 am Lap Swim (6)	6-8 am Lap Swim (6)	7-8 am Lap Swim (4)	7-8 am Lap Swim (4)		
		8-9 am	7-9 am	8-9 am	7-9 am	8-9 am	8-9 am Lap Swim (4)			
		Deep Water HIIT (4) Lap Swim (2)	Aqua Jog (3) Lap Swim (3)	Deep Water HIIT (4) Lap Swim (2)	Aqua Jog (3) Lap Swim (3)	Deep Water HIIT (4) Lap Swim (2)	9-10:30 am BOQUA BC/BAL (3) \$ Swim Lessons (2) Lap Swim (1)	8am-12:45pm Open Swim (2) \$ Swim Lessons (2) Lap Swim (2)		
		9-10:15 am Swim Team (4) Open Swim (2) No Lap Swim	9-10:15 am Swim Team (4) Open Swim (2) No Lap Swim	9-10:15 am Swim Team (4) Open Swim (2) No Lap Swim	9-10:15 am Swim Team (4) Open Swim (2) No Lap Swim	9-10 am BOQUA (3) Lap Swim (3)	10:30-11:50 am \$ Swim Lessons (2) Lap Swim (2)			
		10:15 am-1 pm Open Swim (2) Lap Swim (4)	10-10:45 am Aqua Zumba (3) Lap Swim (3)	10:15 am-1 pm Open Swim (2) Lap Swim (4)	10:15-12 pm Open Swim (2) Lap Swim (4)	10 am-1 pm Open Swim (2) Lap Swim (4)	Open Swim (2)			
		1-2 pm Open Exercise (3) Lap Swim (3)	11 am-12 pm BOQUA (3) Lap Swim (3)	1-2 pm Open Exercise (3) Lap Swim (3)	12-1 pm AQUA ZUMBA (3) Lap Swim (3)	1-2 pm Open Exercise (3) Lap Swim (3)	11:50 am-5:45 pm Open Swim (2) Lap Swim (4)	12:45-5:45 pm Open Swim (2) Lap Swim (4)		
		2-3 pm Open Swim (2) Lap Swim (4)	12-4:15 pm Lap Swim (4) Open Swim (2)	2-3 pm CLOSED For deep clean	1-4:15 pm Lap Swim (4) Open Swim (2)	2-5:45 pm Open Swim (2) Lap Swim (4)		*SWIM LESSONS ARE ALLOWED TO OCCUPY LAP LANES DURING LAP SWIM HOURS – THEY WILL SHARE A LANE WITH YOU IF YOU ASK THEM TO*		
		3-4pm Lap Swim (4) Open Swim (2)		3-5 pm Open Swim (2) Lap Swim (4)	4:15-5 pm \$ JCC Swim Team (3) Open Swim (2) Lap Swim (1)					
		4-5:30pm Lap Swim (4) Open Swim (2)	4:15-5 pm \$ JCC Swim Team (3) Lap Swim (1) Open Swim (2)	5-6 pm Swim Lessons (2) Lap Swim (2) Open Swim (2)	5-6 pm Open Swim (2) Lap Swim (4)					
		6-6:45 pm BOQUA BC (3) Lap Swim (3)	5- 7 pm Lap Swim (4) Open Swim (2)	6-7 pm Hi-Low Aqua (3) Lap Swim (3)	6-6:45 pm BOQUA BC (3) Lap Swim (3)		<u>Water Fitness Classes May Take a Fourth Lane if They Have 25+ Participants</u> What The Colors Mean: Generally Busy Times Aquatics Programming Special Considerations This schedule is subject to change without notice. Number in () parentheses is the number of lap lanes available			
		6:45-7:45 pm Open Swim (2) Lap Swim (4)	7- 7:45 pm Lap Swim (4) Open Swim (2)	7-7:45pm Lap Swim (3) Open Swim (3)	6:45-7:45pm Open Swim (2) Lap Swim (4)					
		Backer Therapy Pool		9:45-10:45 am \$ Aquajoints	9:45-10:45 am \$ Aquajoints	9:45-10:45 am \$ Aquajoints	9:45-10:45 am \$ Aquajoints	9:15-11:35 am \$ ECE Lessons		8:30-9:30 am Ai Chi
				10:45-11:45 am \$ Fit Joints Plus	10:45-11:45 am \$ Fit Joints Plus	10:45-11:45 am \$ Fit Joints Plus	10:45-11:45 am \$ Fit Joints Plus			9am-noon \$ Swim Lessons
1:45-3 pm \$ Aqua Mobility	12:20-1:10 pm \$ ECE Lessons			Noon-1 pm Ai Chi		5:15-7 pm \$ Swim Lessons	Noon-1 pm \$ Fit Joints Plus			
3-6 pm \$ Swim Lessons	2-5 pm St. Vincent's Rental							Noon-2 pm \$\$ Rental Available	Noon-2 pm \$\$ Rental Available	
6-7 pm Ai Chi				3:30- 6pm \$ Swim Lessons						
7-7:45 pm ALTS				7-7:45 pm ALTS						