	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
COHEN OUTDOOR LAP POOL Backer Therapy Pool	6-8 am Lap Swim (6)	6–7 am Lap Swim (6)	6-8 am Lap Swim (6)	6-7 am Lap Swim (6)	6-8 am Lap Swim (6)	7–9 am Lap Swim (6) 9–9:50 am BOQUA Bootcamp (3) Lap Swim (3)	
	8–9 am Deep Water HIIT (3) Lap Swim (3)	7–9 am Aqua Jog (3) Lap Swim (3)	8–9 am Deep Water HIIT (3) Lap Swim (3)	7-9 am Aqua Jog (3) Lap Swim (3)	8-9 am Deep Water HIIT (3) Lap Swim (3)		7–9 am Lap Swim (6)
	9-10 am Lap Swim (3)	9am- 12pm Open Swim (3) Lap Swim (3)	9-10 am Lap Swim (3) Open Swim (3)	9-9:50am Lap Swim (3)	9–10 am BOQUA Lap Swim (3)		
			10am-6 pm Open Swim (3) Lap Swim (3) 6-7 pm Open Swim (3) Hi-Low (3)	10am–6 pm Open Swim (3) Lap Swim (3)	10am–5:30 pm Open Swim (3) Lap Swim (3)	10–10:50 am BOQUA Balance (3) Lap Swim (3)	
	10am–6 pm Open Swim (3) Lap Swim (3)	12-1 pm BOQUA (3) Open Swim (3)				11 am–5:30 pm Open Swim (3) Lap Swim (3)	9 am–5:30 pm Open Swim (3) Lap Swim (3)
		1-7:30pm Open Swim (3) Lap Swim (3)		6-7 pm Open Swim (3) BOQUA Bootcamp (3)			
	6-7 pm BOQUA						_
	Bootcamp (3) Open Swim (3)		7-7:30 pm Open Swim (3) Lap Swim (3)	7-7:30 pm Open Swim (3) Lap Swim (3)			
	7-7:30 pm Open Swim (3) Lap Swim (3)						
	MONDAY	THECDAY	WEDNIECDAY	THIRDDAY	FRIDAY	CATURDAY	CLINIDAY
RIVER	MONDAY	TUESDAY 8-9:50 am	WEDNESDAY	8-9:50 am	FRIDAT	SATURDAY 8-10 am	SUNDAY 8-10 am
	8–9:50 am	Rivercize	8–9:50 am	Rivercize	8–9:50 am	Rivercize	Rivercize
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MORDOH INFANT POOL & BICCARD LAZY RIVER						11 am–5:30 pm Open	11 am–5:30 pm Open
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