

COHEN OUTDOOR LAP POOL Backer Therapy Pool	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	6-8 am Lap Swim (6)	6-7 am Lap Swim (6)	6-8 am Lap Swim (6)	6-7 am Lap Swim (6)	6-8 am Lap Swim (6)	7-9 am Lap Swim (6)	7-9 am Lap Swim (6)
	8-9 am Deep Water HIIT (3) Lap Swim (3)	7-9 am Aqua Jog (3) Lap Swim (3)	8-9 am Deep Water HIIT (3) Lap Swim (3)	7-9 am Aqua Jog (3) Lap Swim (3)	8-9 am Deep Water HIIT (3) Lap Swim (3)		
	9-10 am Lap Swim (3) Aqua Cardio (3)	9-9:50 am Open Swim (3) Lap Swim (3)	9-10 am Lap Swim (3) Open Swim (3)	9-9:50am Aqua H.I.I.T. Lap Swim (3)	9-10 am BOQUA Lap Swim (3)	9-9:50 am BOQUA Bootcamp (3) Lap Swim (3)	
	10am-12pm CLOSED	10am-12pm CLOSED	10am-12pm CLOSED	10am-12pm CLOSED	10am-12pm CLOSED	10-10:50 am BOQUA Balance (3) Lap Swim (3)	
	12 pm-2 pm Open Swim (3) Lap Swim (3)	12-1 pm BOQUA (3) Open Swim (3) No Lap Swim	12 pm-2 pm Open Swim (3) Lap Swim (3)	12-6 pm Open Swim (3) Lap Swim (3)	12-3 pm Open Swim (3) Lap Swim (3)	11 am-5:30 pm Open Swim (3) Lap Swim (3)	9 am-5:30 pm Open Swim (3) Lap Swim (3)
	2-6 pm Open Swim (3) Lap Swim (3)		2-6 pm Open Swim (3) Lap Swim (3)	6-7 pm Open Swim (3) BOQUA Bootcamp (3) No Lap Swim	3-5:30 pm Open Swim (3) Lap Swim (3)		
	6-7 pm BOQUA Bootcamp (3) No Lap Swim Open Swim (3)	6-7 pm Open Swim (3) Hi-Low (3) No Lap Swim					
	7-7:30 pm Open Swim (3) Lap Swim (3)	1-7:30pm Open Swim (3) Lap Swim (3)	7-7:45 pm Open Swim (3) Lap Swim (3)			7-7:30 pm Open Swim (3) Lap Swim (3)	

MORDOH INFANT POOL & BICCARD LAZY RIVER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	8-9:50 am Rivercize	8-9:50 am Rivercize	8-9:50 am Rivercize	8-9:50 am Rivercize	8-9:50 am Rivercize	8-10 am Rivercize	8-10 am Rivercize
	12-7:30 pm Open	12-7:30 pm Open	12-7:30 pm Open	12-7:30 pm Open	12-5:30 pm Open	11 am-5:30 pm Open	11 am-5:30 pm Open