

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Regenstrief Competition Pool							
							9am–12pm Lap Swim (3) Swim Lessons (3)
						9am–12pm \$ Swim Lessons (3) Lap Swim (3)	
		10-10:45 am Aqua Zumba (3) Lap Swim (3)		12-1 pm Aqua Zumba (3) Lap Swim (3)			
	1–2 pm Aqua Jog Lap Swim (3)	Noon–1 pm Lap Swim (6)	1–2 pm Aqua Jog Lap Swim (3)		1–2 pm Aqua Jog Lap Swim (3)		
		4:15–5 pm \$ JCC Swim Team Lap Swim (4)		4:15–5 pm \$ JCC Swim Team Lap Swim (4)		<p>THERE WILL BE NO OPEN SWIM AVAILABLE IN THE INDOOR LAP POOL FOR ANY REASON</p> <p>We also offer an eBlast with news specifically about JCC pools. Subscribe at JCCindy.org/stay-connected</p> <p>More info about aquatics programs at JCCindy.org/adult-water-fitness</p> <p>This schedule is subject to change without notice.</p> <p>Number in () parentheses is the number of lap lanes available</p>	
	4–7 pm Swim Lessons (3) Lap Swim (3)		4–7 pm Swim Lessons (3) Lap Swim (3)	5–7 pm Lap Swim (3) Swim Lessons (3)			
Backer Therapy Pool	9:45–10:45 am \$ Aquajoints	9:45–10:45 am \$ Aquajoints	9:45–10:45 am \$ Aquajoints	9:45–10:45 am \$ Aquajoints	9:15–11:35 am \$ ECE Lessons		8:30–9:30 am Ai Chi
	10:45–11:45 am \$ Fit Joints Plus	10:45–11:45 am \$ Fit Joints Plus	10:45–11:45 am \$ Fit Joints Plus	10:45–11:45 am \$ Fit Joints Plus		9am–noon \$ Swim Lessons	9:30 am–Noon \$ Swim Lessons
	2–3 pm \$ Aqua Mobility		Noon–1 pm Ai Chi		Noon–1 pm \$ Fit Joints Plus		
		2-5 pm St. Vincent's Rental	3–6 pm \$ Swim Lessons	4:45-8 pm \$ Swim Lessons			
	6–7 pm Ai Chi						