



camp
JCC
indianapolis

2022
Parent
Handbook



Parent Handbook

Dear CampJCC Indy Families:

Bruchim ha'baim (welcome) to CampJCC! We are so excited to spend time with you this summer, whether you're a new face or an old friend.

CampJCC has been part of my life for the past eight years. Professionally, I'm grateful to have been given the opportunity to lead, first as a Unit Head, then as Assistant Director of Camp and Youth last year, and now as Director of CampJCC. And on a more personal note, I met my now-fiancé when we were both working as CampJCC counselors, and we even got engaged at camp last year. The CampJCC *kehillah* (community) allows all those who enter it to thrive, and I'm so honored to be immersed in it and share it with all of you.

At CampJCC, the feeling of belonging — of being part of a nurturing community — provides the supportive framework for children to build new friendships, overcome seemingly impossible challenges and develop a greater sense of self-worth — all while having fun! Whether they're swimming in the Eskenazi Water Park, performing at Leon Mordoh Lip Sync (back at Pike Performing Arts Center this year), competing at Yom Sport, enjoying Camp Carnival or, for our older campers, venturing out on a field trip to a local attraction, campers are able to explore and express themselves fully.

CampJCC's motto is simple: **"Campers Come First."** These three words guide, direct and inform every aspect of camp and it's what we refer to as "intentional programming." We are also very intentional when recruiting our team of camp counselors as they are key to the success of the program. We seek individuals who share our commitment to "Campers Come First" and who value the opportunity to have a positive impact on a child's life, even if it's just for a summer. Our counselors develop relationships with campers in their group and tailor activities to support and encourage personal growth and development of each camper. Several of last year's staff are returning, so if you're a camp veteran, look for familiar faces!

At CampJCC, we have eight values that serve as the foundation of our entire program. These universal values are: *Kehillah*—קהילה (Community), *Ometz*—אומץ (Have Courage/Perseverance), *Tzedakah*—צדקה (Help Those in Need), *Hoda'ah*—הודיה (Appreciation), *G'milut Chasadim*—גמילות חסדים (Act with Love and Kindness), *Kavod*—כבוד (Respect), *Lashon Hara*—לשון הרע (Avoid Hurtful Speech) and *Lomed M'kol Adam*—לומד מכל אדם (Learn From Everyone). These values are incorporated into all aspects of our program and are reaffirmed by the fantastic team of staff (including our Israeli emissaries, or *shinshinim*) who are dedicated to creating the best summer camp program for your camper!

I am so proud to be a part of CampJCC and grateful for the opportunity to share my day with every camper who attends our program. Thank you for choosing CampJCC — we welcome you to our community!

See you at the Sablosky CampJCC Pavilion,
Myranda



Arthur M. Glick JCC
6701 Hoover Rd
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317-251-9467
JCCindy.org/camp-jcc

Contact us

Myranda Tetzlaff (primary Camp contact), Director of CampJCC and Youth | mtetzlaff@JCCindy.org | 317-715-9246

Hamilton Hensel, Assistant Director of Camp and Youth | hhensel@JCCindy.org | 317-715-9254

Kim Shippy, Director of Tennis and Equestrian Camps | kshippy@JCCindy.org | 317-715-9244

During camp season, please email Myranda and Hamilton (day camp) or Kim (sports camps) at the addresses listed above for any questions, general messages or concerns.

If you have questions about camp, check out our resources online at JCCindy.org/camp-jcc. Forms are located in the right sidebar of the camp page (may appear at the bottom of the page on mobile devices).

Please reference the 2022 Camp Brochure for more resources and info.

Camp Groups and Ages

Please register your camper based on the grade they will be entering in the fall. For example, if your child just finished first grade, they should be registered for the Grade 2 camp.

Please visit our website for more information on which camp is the right one for your child.

Staff Training

Our specialists and counselors include our professional early childhood staff, teachers, college graduates, college students, and high school students. **The health and safety of the campers is the primary concern of all staff.** Our staff members participate in a training program prior to the camp season, where they receive training on such topics as child development, program planning, leadership, and health and safety. **Camp JCC is nationally accredited in the Darkness to Light Stewards of Children Training Program and staff are First Aid and CPR certified.** Swimming pool staff receive extensive programmatic and safety training in their area.



Drop-Off/Pick-Up Procedures

General Notes:

- Please **stay in your vehicle** and refrain from cellphone use during drop-off/pick-up. Camp staff will be there to help your camper in and out of the car.
- If you have any concerns or questions, please park your car and walk over to the designated area to speak to the Camp Director, camp management team or counselors.
- Please inform the Camp Director of any changes in who is allowed to pick up your camper. Please make sure that anyone picking up your child is prepared to show photo ID upon request by a JCC staff person.

Early Pick-up Procedures:

- If your camper must leave early, please communicate this through an email to Myranda (mtetzlaff@JCCindy.org) or Hamilton (hhensel@JCCindy.org) or via Remini as soon as you are aware. Last-minute changes should be communicated via Remini (see next page).
- Early pick-ups after 3:30 pm cannot be accommodated and you will be asked to wait patiently in the carpool line.
- Your child will be waiting for you at the Welcome Desk for an early pick-up. If your time for picking up your child has changed, please communicate this with the Camp Director as soon as possible.

Sablosky Camp Pavilion, which will serve as the main carpool location, is located at the circle by the sports field, behind the JCC main building and next to the Holocaust Memorial Garden.

If there is severe rain, drop-off and pick-up will be at the Center for Jewish Engagement & Learning (CJEL) carpool circle (Doors 1, 2 and 3). We will send a message through Remini if we move drop-off/pick-up.

Drop-Off Procedures:

- Morning Carpool is from 8–9 am. For late drop-off between 9–9:30 am, please park in the lot nearby and walk to Sablosky Camp Pavilion. A staff member will take your camper to the appropriate group. After 9:30 am, please drop your camper off at the Welcome Desk and a counselor will be notified to pick them up.

Pick-Up Procedures:

- Carpool for pick-up is from 4–5 pm. Any camper not picked up by 5 pm will be taken to the Welcome Desk. A late fee of \$5 per minute will be charged beginning at 5 pm.

Gate:

- The gate to the ring road will open at 7:45 am and close at 9 am. There will be no drive-thru traffic during camp hours. The gate will reopen between 3:45–5 pm and then remain closed until 7:45 am the next day.



Parent Communication

- Please email Myranda at mtetzlaff@JCCindy.org for any camp questions or issues that are not answered by our FAQ.
- Please make sure we have your up-to-date email address. We will be sending weekly schedules, special notices (Wacky Wednesday, cookouts, etc.) and other important information you need to know. We will also utilize the Remini app (see below).
- All caregivers in a family are important to us. Therefore, if your child(ren) is/are part of a single parent or blended family, please speak with the Camp Director personally to ensure that information is available to all caregivers in a prompt and efficient manner.
- In case of camp changes (rain arrangements, drop-off/pick-up changes, etc.) we will utilize the Remini App to contact you. Remini will also be used to send announcements, notes, reminders weekly schedules and photos. Parents will receive an email after registration with further details on how to register for and access Remini.
 - If there are any last-minute changes regarding your camper(s), please message on Remini.
 - Remini is to be used for late drop-offs/early pick-ups only. If you have a concern about your camper, please email camp leadership staff.

Inclusion

- We strive to meet the needs of every child who comes to camp, whether it's physical, behavioral, dietary, allergies or medical.
- If your child has any special, dietary or behavior needs, please detail them on the Camper Health Form. The Camp Director may reach out for an intake process meeting after receiving the form to discuss any accommodations.

Photographs

- We may take photographs of your child for promotional purposes of JCC programs or events. Unless indicated, your signature on the Camp Registration Form provides us with permission to use your child's photograph for these purposes.
- If you do not want your child's image used for any reason, please indicate that on the registration form.

Birthday Policy

- If your child has a birthday that will fall during camp programming, we'd love to celebrate it!
- If you would like to bring in store-bought treats to share with your child's camp group, please contact the Camp Director to discuss allergies.



Discipline Policies and Procedures

- Camp JCC is dedicated to working with families so campers can develop social, physical and cognitive skills in a safe, fun camp environment. When situations of inappropriate behavior arise that may create an environment that makes it difficult to build these important skills, intervention is required. **Camp JCC staff members are trained in behavior management strategies, but please contact the Camp Director if you have any concerns or tips for working positively with your child.**
- To create a positive, conducive environment, Camp JCC has specific behavior expectations in place for all campers. Please help us keep these expectations consistent by discussing them with your camper at home.

Campers will cooperate with staff and follow directions.

Campers will respect other children, staff, JCC equipment, as well as outside properties visited.

Children will stay with their designated group, adhering to our supervision requirements.

Children will refrain from any behavior that threatens the safety or well being of any staff person or child in our program, including themselves.

Threatening behaviors that are unacceptable include, but are not limited to:

- Bullying of any kind (gossiping about, insulting, excluding, or intimidating another camper)
- Making obscene gestures or comments
- Punching, kicking, slapping, biting or using physical violence of any kind
- Using foul language
- Inappropriate physical contact; violation of personal space; threatening someone with physical violence

- To uphold these expectations, Camp JCC staff will follow discipline policies and procedures that include open communication with families.

Step 1: When guiding and correcting campers, the counselor will provide instructive guidance to the child. The counselor will discuss the behavior with the child, explain what behavior the child needs to change and offer acceptable alternatives. The child will be given an opportunity to correct his/her behavior. The counselor will reinforce the appropriate behavior.

Step 2: If the unacceptable behavior continues, the child may be separated from the camp group. This will provide the child with the opportunity to think about his/her inappropriate behavior. The counselor will inform the Director of the program about the incident, and a written note will be sent home to the parents explaining the behaviors observed and the consequences of those behaviors. A copy will be retained in the child's file, as well.

Step 3: If the behavior does not improve, the counselor with the Camp Director will contact the parents by telephone to discuss the inappropriate behavior. Note: It is recommended that campers be present when their parents are called. If applicable, the use of behavior modification techniques, including intervention by a professional, also will be discussed at that time. The parents will be advised of potential consequences if the behavior does not change.

Step 4: If the inappropriate behavior continues, a conference between the counselor, Camp Director and parents will be arranged to determine whether or not the child can further benefit from Camp JCC. If behavior modification techniques are being used and some improvement has been noted, an additional conference may be scheduled to keep communication channels open.

Step 5: If inappropriate behavior persists and behavior modification techniques are ineffective or not used, permanent dismissal from camp may be necessary, at the discretion of the Camp Director.

Anti-Bullying Policy

- In order to provide a place where all children can feel safe and happy, both physically and emotionally, we take a proactive approach to bullying by adopting an Anti-Bullying Policy. Bullying is when one or more people exclude, tease, taunt, gossip, hit, kick or put down another person with the intent to hurt that person. It happens when another person or group of people want to have power over another. Using guidelines set forth by the American Camping Association (ACA), our Anti-Bullying Policy is an initiative that is aimed at taking appropriate steps toward managing this behavior. Our staff is trained to prevent bullying and raise awareness by using different techniques and tools that will help us avoid such behavior. Using these tools, they will also be able to identify bullying behavior, take appropriate steps to intervene and then role model and discuss with their groups that bullying behavior will not be tolerated.

Outside Communication with Staff

- Outside communication between staff and campers participating in our summer programming is not permitted. This includes, but is not limited to, video and audio phone calls, text messaging, all social media and networking websites, and online video gaming. Please alert the Camp Director if this occurs.

Cellphone Policy

- We understand that it is important that your child have a cellphone in case of emergency. For the safety and security of all our campers, campers are prohibited from using personal cell phones during programming hours. Your child will be participating in many outdoor and water activities and the JCC would hate for any unnecessary damage to happen. If your child uses his/her cellphone inappropriately during camp programming, Camp JCC staff will keep the phone until the end of the day. If another incident occurs, a parent will have to retrieve the phone during pick-up.

Camper Health Information

- Please complete a health form and email to mtetzlaff@JCCindy.org (web-based version does this for you) or return a hard copy to the Welcome Desk. The completion of this form is a pre-requisite to attending Camp JCC. **Campers will not be permitted to attend camp without an updated form on file.** Health forms are due the Wednesday prior to your child's initial attendance to camp.
- We are a nut-aware camp; all products provided by the JCC will be nut-free. Please be aware that some children may bring products containing peanuts in their lunch to camps. Our Camp Director is open to meeting to discuss any dietary/health-related restrictions, if you have any concerns.
- **If medications must be given during camp hours, please complete a Medical Permission form (included in Camper Health Form).** Medications that are to be administered during camp hours must be given directly to the Director by a parent/guardian (please do not send with camper). Medications should be in the original container, accompanied by written prescription and clearly labeled with the child's name, directions, parent's name and phone number and physician's name and phone number. To keep all medication safe, counselors will carry any medications that are for immediate need (inhaler, Epi-Pens, etc.).
 - If there are any concerns, our Camp JCC staff are open to discussing how to give medication with you prior to the first day your child attends camp.
- Please do not send campers to camp with over-the-counter medications (aspirin, ibuprofen, cough drops, etc.). If you want your child to have access to these medications during camp hours, please follow the same steps as medications with prescriptions (fill out form, label medication, give directly to the Director).

Accident and Illness Policies and Procedures

- In the event of an accident or illness, trained JCC staff members will administer first aid. Should additional treatment be needed, you will be notified immediately. If JCC staff can't reach you, we will contact the physician listed on the Camper Health Form, and, if needed, your child will be taken by ambulance to St. Vincent Hospital on 86th Street.
- For any minor injuries that occur during programming hours, your child will be sent home with a Minor Injury Report describing the incident and what First Aid care was given.
- If your child is ill, we ask that you keep your child home from camp. If your child becomes ill during camp, we will call and ask that they are picked up as soon as possible.
 - If your child is sent home with temperature, vomiting or diarrhea during any day at camp, they will not be able to return to camp the next day. They may return after 72 hours have passed and the last 24 hours have been symptom- and medication-free.

Please see the separate “CampJCC COVID-19 Policies & Procedures” document (in the “Downloads” section of JCCindy.org/camp-jcc) for additional COVID-related guidelines.

Safety Policies and Procedures

- The JCC Indianapolis and all associated camps have an Emergency Action Plan to address a variety of situations which may arise during the camp day. Each situation has its own set of procedures and guidelines to ensure the safest place for your child's summer experience. Please contact the Camp Director if you would like more details about our plans.

Child Abuse and Neglect Reporting Responsibilities

- In the event of suspicion of child abuse or neglect of any enrolled children, staff members are legally obligated to report to the Camp Director and the Department of Child Services.
- If an intoxicated or impaired person insists on removing campers from the JCC, we will immediately report the incident to the police on duty and cannot allow the person to leave with said camper.



Camp Dress Policy

- Campers should be prepared to be outside and active for most of the day. Children should wear closed-toe shoes.
- Swimming is scheduled for every day. Children should bring a bathing suit, pool shoes, sunscreen and towel daily. Pool shoes are classified as flip flops, Crocs, or sandals. No other type of shoe will be allowed in the pool area.

For easy identification, the JCC asks that you label all campers' items.

Lunches and Snacks Policies and Procedures

- JCC will provide a kosher snack each day, as well as access to water throughout the day. **Please send your child to camp with a refillable water bottle labeled with your camper's name.**
- **All campers should bring a sack lunch four days a week: Monday, Tuesday, Wednesday and Thursday. Equestrian campers should pack lunch every day, Monday through Friday.**
 - CampJCC does not provide refrigeration for camper lunches, so be sure to pack an ice pack if you need it.
- JCC Campers will participate in a kosher cookout meal every Friday. Hot dogs will be served along with side items.
 - If the cookout menu is altered, parents will be informed prior. Please reach out to the Camp Director if you have any concerns about the cookout menu.

Lost and Found

- Any items misplaced will be gathered at the end of each day and brought to the Sablosky Pavilion.
- At the end of each week, all items will be at the Welcome Desk. All items not claimed by the end of camp will be donated.
- To help eliminate lost items, please be sure to LABEL all items that your child brings to camp.

What to Bring to Camp

Day Camp Essentials Packing List:

- | | |
|---------------------------|---------------------|
| • Bottle of sunscreen | • Sack lunch |
| • Refillable water bottle | • Insect Repellent |
| • Swimsuit and towel | • Camp bag/backpack |
| • Pool shoes | • Hat |
| • Closed-toe shoes | • Face mask |

Please pack (and label!) the personal items listed on the Day Camp Essentials Packing List only. JCC and its staff will not be held liable for any lost, stolen, or damaged personal property that your child brings to camp.

Toys, games, Pokemon cards, electronics, etc. are not permitted at camp. If these items are brought to camp and not put away, they will be taken by CampJCC staff until pick-up.



Swimming

- All camp groups will swim and be given a swim test daily. Your child will learn all pool-specific rules during the first day of camp each week.
 - The swim test includes **swimming 30 feet without stopping AND treading water for 30 seconds without stopping**. Those who are not able to meet the above criteria must wear a Coast Guard-approved lifejacket that will be provided to them during their free swim time.
 - Campers must pass the swim test and meet all height requirements to utilize the lazy river and water slides.
 - Kindergarten will be restricted to the zero-depth pool, and is the only camp group permitted in that area.
 - Sports camps will have one hour of free swim.
- Day campers in grades K–3 are given swim lessons twice a week. Grades 4–7 and sports campers do not receive lessons. Please contact JCC Director of Aquatics Lexi Manges at lmanges@JCCindy.org or Assistant Director of Aquatics Renae Schuldt at rschuldt@JCCindy.org with questions or for more information about swim lessons.
- If a pool closure is to happen, campers will be provided with water games to take swimming's place.
- **Please pack a towel, bathing suit, and sunscreen every day with labels.** Goggles are optional, but may not be worn in the Lazy River or on the slides. If a camper does not have a swimsuit, they will sit in the shade during their scheduled swim time.
 - Sunscreen can't be shared at camp. JCC Staff will reach out if your child doesn't have any sunscreen in their camp bag.

Severe Weather Policies and Procedures

- In the case of inclement weather, all activities will be moved inside the JCC. Counselors will be prepared with rainy-day activities that can be done inside the JCC if the weather is more than just a light drizzle. Campers will not swim outside in the event of lightning, but we will try to swim outside during light rain.
- If extreme heat is a factor at camp, campers will have access to hydration stations outside (but please remember to pack a reusable water bottle), activities will be conducted in shaded areas, hydration breaks will be scheduled, and the JCC indoor facilities will be used.

Trips

- Day campers in grades 4–5 and Gesher will be going on day trips this summer. Every camper in these groups must arrive by 8:30 am on trip days. We will begin loading the buses at 8:45 am to ensure we are able to adequately make it on time to our reservations.
- If someone does not arrive at the JCC on time for trip days, they forfeit the trip and that day of attendance to camp. There will be no care provided to them for that day.
- More specific details will be provided to parents prior to each field trip via email from Myranda or Hamilton.

Day Camp Programming

- More specific details about each camp week's themes are located in our 2022 Camp JCC Brochure and at JCCindy.org/camp-jcc.
- **The Leon Mordoh Lip Sync show is scheduled for Thursday, June 30 at Pike Performing Arts Center in the evening.** Costume information will be provided prior to the show through email.
- Yom Sport is an Olympic-style event that takes place on the Tuesday and Wednesday of the last week of camp. Camp groups will be split into color teams and compete against each other in games and challenges.
- Shinshinim, or Young Israeli Ambassadors, are sent to hundreds of JCC camps around America to work as counselors and cultural specialists. Our volunteers will create programming during the week for our campers to share different aspects of their Israeli culture and community. **Israeli Day is Friday, July 15.**
- Shabbat is celebrated at camp on Friday afternoons each week with singing, dancing and closing the week together.
- Boker Tov is the morning song session and flag-raising ceremony that will take place every morning at the Sablosky Pavilion. It is meant to welcome the day!

Judaic Content

As a Jewish day camp, Jewish beliefs and customs are at the core of our programming. Campers will also spend time with our Israeli Culture and Community specialist each week. The following Jewish values are woven into our camp programming:

Our Values

At Camp JCC, we instill in campers the core values that align with our organization's mission:

Ometz | Have Courage/Perseverance **Kehillah** | Community **Kavod** | Respect

Tzedakah | Help Those in Need **Hoda'ah** | Appreciation **Lashon Hara** | Avoid Hurtful Speech

G'milut Chasadim | Act with Love and Kindness **Lomed M'Kol Adam** | Learn From Everyone



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