



Welcome to Parent Camp 2017!



Framing the
Camp Day:
Themes for the
Summer

Character Development

The Mensch Machine

Courage
Gevurah

Hospitality
Hachnasat Orchim

Good Heart
LevTov

Gratitude
Tovah

Sportsmanship
Ruach haSport

Kindness
Chesed

The Daily Schedule...

and what to bring



The Daily Schedule...

and what to bring

- Backpack – label it!
- Swimsuit & Towel – did you label them?
- Plastic Bag for Swimstuff
- Closed-toed shoes (not croc) – should probably label those too...
- Sunscreen (come with it on!) – label it
- Lunch – why not label it?
- Hat – DEFINITELY label it.
- Waterbottle – Send a cheap one. And, yeah, label it.

Did you label everything?

The Daily Schedule

7:00 – 8:45

Early Care (B-Wing)

8:45 – 9:00

Arrival

9:00 – 9:15

Boker Tov

9:15 – 11:30

Snack (Ruach and Masada)

Specialists and Counselor Activities

Swim Lessons and Free Swim

11:30 – 12:30

Lunch in Shifts

12:00 – 3:30

Specialists and Counselor Activities

Swim Lessons and Free Swim

3:30 – 3:45

Clean-up, Snack

3:45 – 4:00

Departure

4:00 – 6:00

Late Care (Ruach – BJE, Masada – Bwing, Tikvah & Gesher - Pavilion)

Please stay in
your car!
Thanks!

How do you know if it's
good or bad weather?

- Facebook Page
- Arrow signs on Hoover
- Common sense... sometimes.



Pick-Up &
Drop-Off

Swim Instruction & Free Swim



Swim Instruction & Free Swim

- 30 minutes of swim instruction will be followed by 45 minutes of free swim.
- All Instructors are Red Cross Certified, 1:5 ratio in the water
- Counselors will be at the side of the pool at all times
- Weekly updates are given *by group* of the content of daily lessons
- Campers will be tested for their swim level during the first and fourth weeks
- Free Swim allows campers to go to any area of the outdoor pool that their height and weight allows
- Counselors are in the water with campers every day

Lunches & Snacks



Lunches & Snacks

Monday: Sack Lunch

Tuesday: Sack Lunch

Wednesday: Hot Dog Lunch

Thursday: Sack Lunch

Friday: Grilled Cheese Lunch

- Water is always available
- Lunches will not be refrigerated
- Please do not pack pork or shellfish (no pepperoni pizza!)
- We are a **Nut Aware Program**
 - Food with nuts or packaged in facilities that process nuts are not served in Camp or B Wing Programs
 - Food that is brought for the group must come in a store-bought package that lists ingredients
 - Counselors will help, but campers must self-regulate!

So what kind of vibe are
we going for here?

What questions do you have?

